



Elaine Kempfski
Inspirational Speaker,
Business Coach & Certified Life Coach
Inner Journey Coaching
“The journey forward begins inward!”™

Elaine’s life-long passion for personal development is reflected in her dynamic presence, unique wisdom and vibrant spirit! Throughout her 25 years of business and community work alike, she understood how significantly a person’s *relationship with self* shapes everything in life. Our *relationships, careers, leadership, overall well-being, life fulfillment* and *view of what’s possible* are ALL a reflection of our INNER world – making the “relationship with self” one of the most important and yet overlooked.

No stranger to adversity, Elaine grew up in a small working-class family that faced significant emotional and financial challenges. Defying great odds, she “broke free” from the limitations of her background, celebrating each WIN along the way with her family. Among these, a successful 25-year career leading change across fortune 200 companies. Through a determined spirit, Elaine completed both her undergraduate and graduate degrees in 8 years while working full-time. Finally, a deep compassion for humanity led her to volunteer as a support group teacher and leader for 15 years. Elaine’s Life Mantra has become: *“The journey forward begins inward!”™* For each time we embrace the unlimited power within, we transform the heights to which we live, love and make a difference!

Through *Inner Journey Coaching (IJC)*, Elaine helps people gain the courage, clarity and confidence necessary to have the lives they truly deserve, at home and at work! Best known for her extraordinary compassion and life wisdom, her messages uplift audiences everywhere, inspiring a renewed sense of hope and possibility. All *IJC* programs – *including Inspirational Keynotes, Workshops and Business & Life Coaching Services* – include practical tools and information that profoundly change people’s lives.

Elaine serves on the Board of The Self Worth Coalition, a non-profit organization that promotes personal empowerment and universal good. She holds an MS in Organization Development from American University and BS in Marketing and Human Resource Development from Neumann University. Elaine is an NLP Certified Coach in addition to being a PER-K™ and PSYCH-K™ Facilitator.

For more information on *IJC’s* unique services and to sign-up for our FREE inspirational newsletter, visit us at: www.InnerJourneyCoaching.com

*We can help you find the service/topic that will best meet your needs!
So contact Elaine today and let the JOURNEY begin: 302-228-8855*